

H A Z E L   C Y P E N   T O W E R



S O U T H   F L O R I D A   L U X U R Y

Meets World Class Healthcare



Miami Jewish Health Systems®

# A Place of Your Own. A Place to Call Home.

## **Luxury Living amid twenty tropical acres near Miami's Design District**

Centuries-old kapok trees, a tranquil gazebo and gently bubbling fountains surround Hazel Cypen Tower (AL#6127), providing a beautiful setting for this architectural beauty which creates a new standard of excellence in contemporary assisted living. Meticulously planned, designed and appointed, Hazel Cypen Tower combines all the amenities you expect with caring, professional staff to create a sophisticated lifestyle for today's seniors.

You are in the best of hands at Hazel Cypen Tower, where you have access to an on-campus array of healthcare resources offered by Miami Jewish Health Systems®, a non-profit organization. Highly skilled physicians, board certified in geriatric medicine, in addition to medical specialties and sub-specialties are all at our on-campus clinic. There is also a specialty geriatric hospital, internationally renowned pain center and a laboratory at Miami Jewish Health Systems. And for inpatient and outpatient physical, occupational and speech therapy, you need look no further than our fully equipped rehabilitation center. Combine these peace-of-mind features with state-of-the-art hurricane safety measures and you have a home built for your comfort, convenience and security.

## **Every Need Anticipated**

From the moment you walk into Hazel Cypen Tower, you will be impressed by the warm ambiance and attention to detail. Bold, Art Deco-inspired furnishings create an elegant tone in the lobby, which serves as the setting for cocktail parties, live entertainment, and sing-a-longs around a grand piano. Just off the lobby are a fitness center, full-size heated pool and synagogue. The one hundred fully furnished apartment suites feature fine décor and are offered with a variety of floor plans and views. Throughout your suite — which includes a spacious bedroom, pa lor, kitchenette and walk-in closet — you'll find contemporary carpeting, wall treatments and accessories that add to the feeling of comfort. For your peace of mind, there are walk-in showers, grab bars and other safety features, 24-hour emergency call buttons in bedrooms, bathrooms and living rooms and an automatic fire safety system with sprinklers and smoke detectors. In addition, the Douglas Gardens campus has 24-hour patrolled security with a gated entry.

## Every Detail Attended To

Since Hazel Cypen Tower was designed with your comfort and convenience in mind, we know you'll appreciate the weekly housekeeping services with daily "touch ups," turndown service, linen service, and laundry facilities. For those who prefer or need additional care, an a la carte menu of services is available.


Even watching television is a special event at Hazel Cypen Tower. That's because the set in your suite features our on-campus broadcast network that also brings you live coverage of events taking place right here on campus. And for those who could never feel completely at home without the companionship of their dog, cat or bird, you'll be happy to know that your small pets will be as welcome as you are.





## Meals Created with Nutrition and Tradition in Mind

At Hazel Cypen Tower, delicious kosher cuisine is the rule, not the exception. Breakfast, lunch and dinner served restaurant style by friendly staff in a lovely dining room make for a truly enjoyable experience, one that's a delight for all the senses, not just your taste buds. A licensed dietician, who is available at any time for consultation, supervises our well-balanced meals to ensure that you or your loved one is receiving the nutrition they need. An uncommon variety of entrees are offered along with seasonal specialties of the house, all featuring fresh fruits, vegetables and salad, quality meats, poultry and seafood, and fine soups and sauces. And whether your needs include a special meal for a special guest, catering for a party or even breakfast served in bed, consider it done.



# The Difference is Personal

The value of an assisted living facility is based not only on its design and appearance, but also on the quality and compassion of its staff. At Hazel Cypen Tower, we've assembled a highly experienced team, one that embraces the family philosophy underlying all the care provided on our campus. Our care plan is designed to help people who need some supervision or assistance with everyday activities such as eating, showering, dressing or taking medications, but who do not require continuous skilled nursing care. These services are provided by our professional staff of Certified Nursing Assistants and supervised by licensed nurses.

## **Conveniences and Amenities**

The difference between a good assisted living facility and a great one are the amenities, hurricane preparedness plan, programs and offerings available to the tenants. We think you'll be impressed with what's available to you as a tenant of Hazel Cypen Tower, including scheduled courtesy transportation to and from doctors' appointments, shopping and entertainment, plus convenient on-campus tram service to wherever you need to go. In the event of a major storm, you could not be in a more secure place.



## Features that Make the Difference

Without leaving the campus, you can also visit our hair salon or go shopping at the LaBow Gift Shop. And we go out all the time. Traffic and parking are never a problem as our air-conditioned bus transports you in style to the opera, ballet, theater, museums, even the latest movies, all at subsidized prices - or free.

### **Special Care Apartments**

If you or a loved one is living with a memory disorder such as Alzheimer's disease or a related dementia, there's no need to choose between maintaining a dignified lifestyle and receiving the special care that's so important. At Hazel Cypen Tower, an entire floor is dedicated to those with memory disorders. The Special Care Pavilion contains nineteen apartments – both private and semi-private – and a host of public spaces. Unique therapeutic activities, trained staff, increased supervision and structured daily routines provide our special needs tenants with an added degree of safety, security, comfort and personal attention. Our goal is to create a rich and stimulating environment, which helps each individual function at their highest possible level.

### **Welcome to our Family**

Everywhere you look throughout our twenty-acre campus there is beauty and serenity. We've created an oasis in the heart of the city that not only amazes the eyes, but also nurtures the mind, body and spirit. Please accept our invitation to visit our campus and sample the many delights – both large and small – that can be found here. Most of all, come to see us so we can show you the “crown jewel” of Miami Jewish Health Systems, Hazel Cypen Tower, an elegant building which offers quality surroundings and outstanding care.



# Serenity Meets Security

## Hurricanes are No Match for Hazel Cypen Tower

Since the realities of living in South Florida include hurricane season, just think about what it will mean to never have to weather another storm alone when you live at Hazel Cypen Tower. Not only will caring staff surround you, but also our modern construction ensures your safety both during and after a hurricane. In the event of a loss of power, we've got that covered too – with a back-up generator that will ensure you or your loved one gets through the aftermath of a storm in good health and good humor.

With six different floor plans available, one of our lovely Hazel Cypen Tower suites is sure to suit your needs and strike your fancy. How you furnish your suite is also your choice. You can rent your apartment fully furnished (at no additional charge) or bring your own furniture if you prefer. No matter which apartment you select, you'll appreciate features such as wide carpeted hallways, complete with handrails and a recessed lit entrance to your home. And for that personal touch, you'll find your name inscribed in a beautifully decorated frame on the side of your doorway.

Whether you want to relax on your own or socialize with friends, you'll love the plentiful

furnishings in your spacious parlor. In the mood for an early morning brunch or late night snack? Everything you need is at your fingertips in your kitchenette, which comes equipped with a sink, microwave, small refrigerator and dining table with two chairs.

You'll sleep like royalty in the beautifully decorated bedroom furnished with a double bed, night tables and club chair. As an added bonus, your 27" television set is connected to our on-campus network. For your safety and convenience, an emergency call button is located within easy reach of the bed. Your tiled bathroom also comes equipped with lots of safety features, including a barrier-free shower with grab bars, safe surfaces and a pull-cord alarm for emergencies. The perfect blend of style and safety, Hazel Cypen Tower offers the best of both worlds. Our select floorings, carpeting, wall treatments and furnishings surround you with good taste that never goes out of style. And comprehensive fire safety systems, smoke detectors, sprinklers, hurricane-resistant windows and a back-up generator will give you and your family that most precious of commodities, peace of mind.





# A Community You can Call Home

Hazel Cypen Tower is located on the campus of Miami Jewish Health Systems, a charming senior community that includes a rehabilitation center and hospital on the premises. Tenants also have access to an on-site clinic featuring board-certified geriatricians, specialists and sub-specialists, and lab and x-ray services, most covered by Medicare and supplementary insurance. Among Hazel Cypen Tower's many features and amenities, which are included in your rent, are:

- Modern construction meets current hurricane standards and codes
- Hurricane-resistant windows and back-up generator
- Modern fire safety systems
- A full range of physical, mental and social activities, including off-campus trips\*
- Synagogue/Community Center
- Fitness center
- Pool with ramp access
- Tenant parking
- Library
- Beautiful quality furniture
- Entertainment and cocktail hours
- 24-hour security
- Three delicious kosher meals served daily in our well-appointed dining room
- Electric and water, local phone service
- On-campus cable television
- Religious services (available for all denominations)
- Regular transportation to local doctors' offices and off-campus trips
- On-site nursing supervision and bed checks
- Housekeeping and daily turndown service

*\*Subsidized or free*

### **Selected Activities**

- Chair-based exercises, tai chi and yoga
- Pool exercises
- Tenants' Council meetings and Sisterhood meetings
- Weekly cocktail hour with entertainment
- Outings to the ballet, opera, movies, shows, selected restaurants and more at subsidized prices
- Classes in painting, weaving, creative writing and current events
- Full transportation schedule to shopping, banking and medical appointments
- Our Outrageous Monthly Sunday Brunch
- Religious services

### **Available at Additional Cost:**

- Assistance with activities of daily living
- Assistance with medication
- Private nursing assistance
- Hair salon
- Guest meals
- Guest suites for family & friends

# Sample Menus

## Breakfast

A full breakfast is served in the dining room, and tenants have the option of free room service for the morning meal. Typically, we offer the following:

- Eggs cooked to order
- Bagel and lox
- Pancakes
- Hot or cold cereal
- Fresh fruit
- Yogurt
- Danish
- Coffee, tea and juices

## Lunch

A lovely midday meal is offered in the dining room. As an example, this lunch menu indicates the usual variety offered at Hazel Cypen Tower.

- Vegetable soup
- Salad
- Oriental chicken over greens  
or a tuna croissant
- Fresh fruit
- Coffee or tea

## Dinner

The following are just examples of some of our excellent dinners, prepared in our own kitchens and served fresh every evening. Quality meals, prepared with attention to detail and with your health in mind, are the norm.

## Dairy

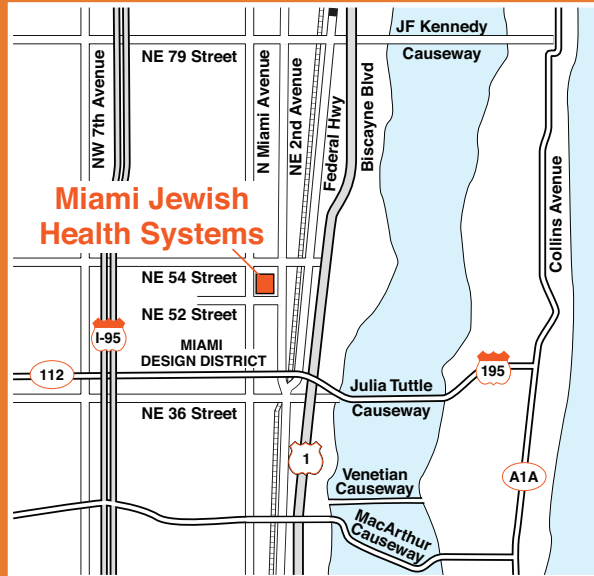
- Corn chowder soup and assorted rolls
- Tossed salad with assorted dressings
- Stuffed shells with marinara sauce  
or pan-seared salmon
- Yellow rice, steamed asparagus  
or cut green beans
- Cheesecake, sugar-free apple turnover  
or fresh fruit

## Meat

- Mushroom barley soup
- Tossed salad with assorted dressings
- Apricot glazed chicken
- Roasted red potatoes or steamed broccoli
- Fresh fruit or Black Forest cake

# HAZEL CYPEN TOWER

5200 NE 2<sup>nd</sup> Avenue, Miami, FL 33137



## Directions to Hazel Cypen Tower

### From I-95:

Take I-195 exit east (toward Miami Beach). Take the Biscayne Blvd Exit (36th Street). Stay in the right or center lane. Cross Biscayne Blvd. Cross over the railroad tracks. Turn right (north). Continue 15 blocks to Miami Jewish Health Systems.

### From Miami Beach:

Take the ramp onto I-195 W. Take exit 2B toward Biscayne Blvd/US-1. Stay in the center lane. Cross Biscayne Blvd and Federal Highway. Turn right (north) onto NE 2nd Ave. Continue 13 blocks to Miami Jewish Health Systems.

For more information, call  
**305.232.LIFE(5433)**

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